

Dear Parents/Carers

From next term, we will be having a big push on trying to keep the children active and healthy during what may well be long and difficult winter for many.

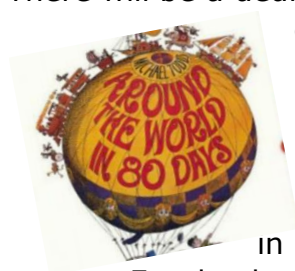
In order to do this the school has enrolled in the Food for Life award, to look at nutrition, where our food comes from, healthy eating and cooking. We have also joined the Walk Once A Week scheme, where children who live close enough, will be encouraged to walk to school. The children will continue to complete their Daily Miles, in school.

However, we would really like to encourage our children and their families to let us know when they are going for walks or walking to get to places, outside the school week. So, we have a challenge, which will also be a challenge for staff and their families.



PARKWOOD – AROUND THE WORLD IN 80 DAYS!

There will be a dedicated Facebook post/thread on the school Facebook page from today, for our families to update when they have gone for walks and you are also welcome to share photos on the thread when you go for special walks or walk around special places on days out. The moment the post goes up on Facebook, the 80 days starts.



All you have to do is say how far you walked (in miles) with your children in a comment on the post. We will be encouraging staff, via the school Facebook page, to say when and where they have walked and how far.

Please note, these are walks you do separate to walking around as normal, we aren't counting steps!

This will be the first time the school has opened up the Facebook page to parents for comments, so we would ask you to make sure they are polite, positive and appropriate.

The miles will be tallied up each week and will see how far we have walked as a whole school.

Walk Once A Week and the Daily Miles the children do, will also be added to our total.

Each week in assembly, I will let the children know the city or place we have reached (let's hope we get past Dover!) and talk about where we have got and show them on the world map. I'll update the Facebook page each week to let parents know how far we are around the world.

We will do this for 80 days, just like Phileas Fogg and see how far we get!

If you do not use Facebook then all you would need to do is email the information about your walk and any photos to:

aroundtheworld@parkwoodprimary.org.uk

and we will add your information to the Facebook page and the total miles.

I'll be talking to the children about this on the first assembly back, but wanted to get this out before half term as you may have already planned outings and walks, which we can include from today.

Good luck!

Mr Moir

