

Snapdragons Centre  
Cliffe Road  
Strood  
Kent  
ME2 3FF  
0300 123 3444

Dear Parent/Carer

During your child's reception year, he/she will have their height and weight measured by the School Screening Team as part of the National Child Measurement Programme (NCMP). The clinicians will be wearing appropriate PPE during the screening. It is not necessary for parents/carers to attend on the date of the check as your child will be seen with other children in their school year, but if you wish to be present you will need to contact the School Screening Team as above to arrange a specific appointment time. We will notify you of the results via mail.



Adobe Acrobat  
Document

Figure 1 What is NCMP?

**If you do not want your child to participate in the screening please inform the school.**

In preparation for our visit you will receive a Health Questionnaire to complete and return to [medch.ncmpquestionnaires@nhs.net](mailto:medch.ncmpquestionnaires@nhs.net). If there are any concerns raised on the Health Questionnaire a member of the School Screening Team may contact you to discuss these and offer direct support or signpost to other agencies.

In reception year we would usually complete a hearing and vision test. Unfortunately, we are unable to be complete this due to the coronavirus pandemic. However, if you have any concerns regarding your child's hearing or vision you can seek further advice and support from the GP for hearing and an optician for vision.

If your child's measurements indicate that they are above a healthy weight then they will be **automatically referred** to the Healthy Weight Team who will contact you directly to discuss whether you feel any support or advice is required. This service offers a variety of interventions from telephone calls to weekly clubs, cookery lessons and activity sessions with all advice being optional.

If your child's measurements indicate that they are below a healthy weight we will automatically refer them to their GP.

All children starting school should have received their pre-school booster and second MMR immunisations. If you are unsure please contact your GP surgery for advice. Further information is available at: [Childhood vaccines timeline - NHS.UK](https://www.nhs.uk/childhood-vaccines-timeline)

All children are entitled to **FREE** dental and optician services.

If you have any queries please contact the School Screening Team on the number above number.

Yours faithfully

The School Screening Team  
Children's Public Health Nursing



## The School Screening Team

### Who are we and what do we do?

We are part of the Child Development Team within Children's Public Health Nursing Team which also incorporates the Health Visiting and School Nursing teams.

### Primary School

During their primary years, children will receive the following services:

**Year R:** Health screening that includes measuring growth as part of the National Child Measurement Programme (NCMP). We would normally also screen hearing and vision but due to the delay in commencing the programme this year this is not possible. **If you have a concern about your child's hearing please contact your GP; if you have a concern about your child's vision please book an appointment with an optician.**

**Year 6:** Growth measurement (NCMP)

**The Children's Public Health Nursing Team can give advice on:**

- Eating issues ~ weight, dietary needs, healthy snacks, faddy eating etc.
- Allergies including anaphylaxis (severe reactions)
- Asthma, Diabetes, Epilepsy and other chronic conditions
- Behaviour
- Emotional well-being
- Supporting you and your child as they grow

Please contact using the telephone number above.

### Useful Websites and hyperlinks

**Food issues; healthy eating:** [Change4Life - Change4Life](#) ; [A Better Medway](#)

**Toileting issues:** [ERIC | Home](#)

**Behaviour: Guide to Positive Parenting:** [Positive parenting | NSPCC](#)

**Health concerns and general advice:** [NHS Choices Home Page](#)

*For information about how we handle your personal information, please visit*

<https://www.medwaycommunityhealthcare.nhs.uk/contact-us/privacy-notice>. If you would like a hard copy of this, please ring us on 0300 123 3444.

### Physical activity guidelines: infographics

