

# Protect your child from measles - Book an appointment at an MMR catch-up clinic this March

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Measles isn't just a harmless childhood disease and can lead to serious illness, but it is preventable through two doses of the MMR (measles, mumps, and rubella) vaccine. Following a rise in cases in England, the NHS are urging parents and carers to make sure their children are up to date with their MMR vaccinations.

Catch-up clinics are available to school-aged children, and teens up to 19, in **Chatham on Saturday 23 March**. To book an appointment phone the school-aged Immunisation Service on 0300 123 5205 or email via [kchft.cyp-immunisationteam@nhs.net](mailto:kchft.cyp-immunisationteam@nhs.net).

If you're not sure whether your child is up to date with their MMR jabs, look in your child's red book, or check with your GP, who can also offer MMR catch-up appointments.