

Measles Information for Parents and Carers

Protect your child from measles

You may have seen measles in the news recently. This is because there has been a rise in the number of measles cases in England. Measles is highly infectious and can make people seriously unwell. One-in-five children with the disease are hospitalised and on rare occasions, measles can be fatal.

The NHS are urging parents and carers to make sure their children are up-to-date with their MMR (measles, mumps and rubella) vaccinations.

Two doses of the MMR vaccinations are needed for maximum life-long protection. Parent and carers of children in Years 8 and 11 will be automatically contacted by the School-aged Immunisation Service to catch up on missed MMR doses if they are already scheduled a vaccine.

If your child isn't in Years 8 and 11 you should check your child's red book to see what vaccinations they have had or ask your GP practice. You can make an appointment with your GP practice to catch up on any missed doses, or call the School-aged Immunisation Service to arrange a vaccination.

Their contact details are **0300 123 5205** or kchft.cyp-immunisationteam@nhs.net

The early symptoms of measles include: a high fever, sore red, watery eyes, coughing, a runny nose, aching and feeling generally unwell. Find out more about the symptoms of measles on the [NHS website](#).

If you have symptoms of measles stay at home and phone your GP practice or NHS 111. This will help prevent spread of the disease.

